

Welcome: *Welcome to Cullman Regional Medical Center*

Thank you for choosing CRMC. We take pride in serving our community and strive to provide the highest quality healthcare for you and those you love.

CRMC is one of the finest hospitals in Alabama. In fact, our vision is to be the leading community-based healthcare provider in the Southeast. To achieve this goal, our caring and compassionate team is expected to treat you like part of our family.

While you are here, if you are not completely satisfied with every aspect of your care, we would like to hear from you. After your stay with us, you may receive a call from an independent surveyor asking questions about your experience at CRMC. We want to ensure your answer is an unwavering “excellent” to all survey questions.

Please feel free to voice your questions or concerns to any CRMC team member or your physician. If you need further assistance, call me directly at my office (256) 737-2598 or my home (256) 531-6384.

Thank you again for helping make “**your hospital**” the best it can be.

Sincerely,



Jim Weidner
President / CEO



Jim Weidner, President / CEO



PARKING/ENTRANCE DIRECTIONS

Turn off of Highway 157 by Specialty Pharmacy. Turn right onto first road (Arnold Drive). Park in parking lot on the left (Outpatient Services parking lot). Enter hospital through Outpatient Services Entrance. Turn left. Stop at the Central Registration Desk on the left.

They are happy to assist you.

Note: There is a circular drive drop-off entrance for those who cannot walk from the parking lot to the Outpatient Services Entrance.



Billing Address:
1912 Alabama Highway 157
Cullman, Alabama 35058

Mailing Address:
P.O. Box 1108
Cullman, Alabama 35056

(256) 737-2000
www.crmchospital.com

Table of Contents

Welcome to Cullman Regional

Letter from CEO	1
Hospital Map	2

Patient Admission

Our Mission	4
Personal Identification Number	4
Admission Policy	5
Admission Process	6
Financial Arrangements	6
Insurance Responsibilities	6

Patient Information

Privacy Regulations (HIPAA)	7
---------------------------------------	---

Privacy Contact Information

(HIPAA)	7
--------------------------	----------

Advance Directives	7
Organ Donation	8

Patient Concerns 8

Nurse Call System	8
Visiting Policy & Hours	8
CRMC New Visitation Guidelines	9
Television	10
Telephones	10
Cellular Phones	11
Public Pay Phones	11

Patient Rights 11

Patient Responsibilities 13

Patient Discharge Instructions . 14

Patient Satisfaction Survey	14
---------------------------------------	----

Safety Precautions

Infection Control	14
Infection Control Regulations	15
Electrical Equipment	15
Medications	15

Smoking and Tobacco Use

Policy 15

Fire and Disaster Drills	16
Valuables	16
Hospital Security	16

Conveniences

Notary Service	17
Auxiliary / Adult Volunteers / Hospice Volunteers / Junior Volunteers	17
Language Interpreter	17
Gift Shop	17
ATM	17
Computer Internet Access	17

Food Services

Cafeteria	18
Patient Meals	18
Family or Visitor Meals	18

Your Hospital Team

Medical Staff	19
Nursing Staff	19
Rapid Response Team	19
Technologists/Therapists	19
Pharmacists	19
Case Managers	20
Clergy	20

Community Service and Education Programs 20

Quality Services

List of Quality Services available through Cullman Regional Medical Center	22
Gifts / Contributions	25

Important Message from Medicare 26

Conditions of Admission Privacy Notice and Financial Responsibility 27

Physician Information

Physician Referral Information	28
Web site	28
Alphabetical list of all Physicians by Specialty	29

Important Telephone Numbers . 33

Television Channel Listing . . . 35

Our Mission

Mission: We are dedicated to promoting wellness by providing excellent healthcare services in the most efficient manner and exceeding the expectations of those we serve.

Vision: We aspire to be the leading community-based healthcare provider in the Southeast.

Values: We believe in

- 1) Doing the right thing for the right reason.
- 2) Valuing each patient, visitor, employee, physician and individual we touch.
- 3) Being a wise steward of community resources.
- 4) Respecting the sanctity of human life.
- 5) Providing service with compassion.

Personal Identification Number (PIN)

Your Personal Identification Number (PIN) will be used for all inquiries regarding your status while you are in the hospital. Your PIN will be the last 4 digits of your Patient Account Number assigned at the time of admission.

You will be responsible for making sure this number is given to one family member that will serve as the contact person for other family and friends that wish to know your status. Only minimal information will be shared.

This process has been implemented to protect your privacy and safety while allowing CRMC to communicate minimal information to your family. Your PIN is on your armband for easy reference.

We appreciate the opportunity to care for you and will be glad to discuss any questions you may have regarding this process.



About CRMC

Cullman Regional Medical Center is a 145-bed, fully accredited medical center that serves more than 150,000 residents in a six-county area. CRMC is recognized as one of the region's finest medical facilities with an exceptionally well-trained and experienced Medical Staff. The hospital is part of an extensive medical complex built in 1995 that contains some of the newest medical equipment and technology available today.

Admission Policy

Cullman Regional Medical Center provides inpatient and outpatient care and services on a nondiscriminatory basis. All patients being admitted will receive medical services without regard to race, color, sex or national origin.

Your physician is a member of our Medical Center staff and has requested your admission. For your convenience, the admission procedure may be conducted by a CRMC registered nurse or hospital registration personnel in the privacy and comfort of your hospital room.

Please keep the following in mind:

- We are unable to make room reservations because our emergency admissions and inpatient discharges determine room availability.
- Patients who have insurance plans requiring pre-admission certification must, with the assistance of their physician, obtain pre-certification prior to any scheduled or non-emergency admission to the hospital. CRMC uses PROXSYS precertification systems to verify insurance coverage.
- At CRMC, we have both private and semi-private patient rooms. Based on space availability, there are several factors considered in the selection of a room for a new admission. Those factors are sex, age, medical diagnosis and physician request. Selection is based on the patient's medical needs and space availability. All beds are equipped with a remote control unit which operates the nurse call system and the television.

Admission Process

A member of the CRMC medical staff, who will supervise every detail of the patient's treatment, will request patient admission. Upon arrival, each patient will be asked a number of questions including identifying home medications. It is important that you bring a medications list with you.

This information is extremely important and will be kept in strict confidence. We appreciate your cooperation in providing detailed answers to these questions.

Financial Arrangements

In our commitment to provide quality service, Patient Accounts representatives are available to discuss any financial concerns you may have. Assistance may be obtained by dialing (256)737-2986.

Insurance Responsibilities

Your hospital bill reflects all of the services you receive during your stay. Charges fall into two categories:

- basic daily rate, which includes your room, meals, nursing care and housekeeping
- special service charges, which include items your physician orders for you, such as x-rays or laboratory tests, supplies, drugs, etc.

If you have certain tests or treatments while in the hospital, you may receive bills from physicians you did not see in person. These bills are for professional services rendered by these doctors in diagnosing and interpreting test results while you were a patient. Pathologists, radiologists, cardiologists, anesthesiologists and other specialists perform these services and are required to submit separate bills. If you have questions about these bills, please call the number printed on the statement you receive from them.

The hospital will submit bills to your insurance company and will do everything possible to expedite your claim. However, please remember that your policy is a contract between you and your insurance company, and you have the final responsibility for payment of your hospital bill. We have several payment options available to assist you in paying your bill. A Financial Counselor can be reached at (256) 737-2986 Monday-Friday from 8:00 a.m. – 4:30 p.m.

Patients admitted under the Medicare plan are responsible for the deductible portion of their bill plus any uncovered items ordered by your physician unless covered by supplemental insurance. For example, Medicare does not pay for a private room except in the case of isolation for a communicable disease or other established criteria, which the

doctor must specify. If you choose a private room during your hospital stay and do not meet these requirements, the difference in cost of the private room and a semi-private room is your responsibility.

Patient Information

Notice on Privacy of Health Information Practices (HIPAA)

This privacy notice applies to all of Cullman Regional Medical Center, CRMC Clinics and facilities and those physicians participating in an organized healthcare arrangement, which includes but is not limited to ethnic discrimination.

The information below describes how your medical records may be used / disclosed and how you can obtain access to this information. Please review it carefully.

Privacy Contact Information (HIPAA)

Exercising Your Rights, Restrictions or Requests:

To notify CRMC in writing regarding your rights, restrictions or requests, please direct your correspondence to the address below. Specify the facility or clinic where your information is on file.

For Questions or Complaints Mail To:

Cullman Regional Medical Center
ATTN: HIPAA Privacy Officer
P.O. Box 1108
Cullman, AL 35056-1108

Questions or Complaints:

For questions about this notice, or to file a privacy complaint, please call (256) 737-2598.

Advance Directives – Deciding What You Want

Hospitals in the United States are required to ask each patient if he or she has an “Advance Directive.” An Advance Directive is a statement of your choices for future healthcare. It can give instructions or name someone to make those choices. This person is called a proxy. An Advance Directive becomes important should you be unable to make your own healthcare decisions.

There are two ways for you to make an Advance Directive:

1. “Living Will”
2. “Health Care Power of Attorney”(Proxy-Surrogate decision-maker)

Both are legal documents and witnessed by two people. In addition, a notary public must sign the “Health Care Power of Attorney”.

Relatives, physicians and employees of a hospital in which you are a patient may **not** witness your signature on these documents.

Making an Advance Directive is an option. Your healthcare will not be affected if you decide against it.

If you have questions or would like more information about Advance Directives, speak with your nurse, or call the Case Management Department at hospital extension 2399 or (256) 737-2399.

Organ Donation

Giving Life A Second Chance - What can you do personally? Learn the facts about organ, eye and tissue donation. Talk to your family about your decision to be an organ donor. To learn more about living donation go to www.transplantliving.org.

Patient Concerns

Patients and family members should bring questions, concerns or complaints regarding the patient's quality of care to the attention of their nurse or unit director. Each patient room contains a listing of contact names and numbers to call if you need assistance. Prompt attention will be given to your call.



Nurse Call System

Any time you feel uncomfortable or need assistance, please contact the nurses station. You may talk to the nurses station by pressing the nurse-call button on the controller near your bed. We understand how important time is when you want help. We also appreciate your understanding that it may take some time to respond due to another patient's needs. Emergency call buttons are also located in each bathroom.

Visiting Policy & Hours

Visitors can be "good medicine" for patients. Family members and friends are welcome to visit. However, patient care is our primary concern, and, in order to enhance the quality of care, specific visiting hours and regulations have been established for each unit.

Visiting hours for the general public are 8:00 a.m. to 8:00 p.m. After 8:00 p.m. until 6:00 a.m., everyone must enter through the Emergency Room entrance.

Due to the intensity of care and the condition of the patients, Critical Care Center visiting hours are for immediate family only. No visitors under the age of twelve (12) will be allowed in the Critical Care Unit.

Visitation is limited to thirty minutes beginning at the following times:

10:00 a.m., 2:00 p.m., 6:00 p.m., 10:00 p.m.

To ensure proper rest:

- Guests are permitted only during established visiting hours.
- Guests should respect the privacy of patients and should leave the room during treatments.
- Guests are discouraged from bringing food or drink to patients.
- All guests and staff must restrict smoking to the designated smoking areas listed:
 - Across the road (Pitzing-Kress Circle) from the Emergency Room entrance
 - Across the road (Pitzing-Kress Circle) behind Professional Office Building II

For the well-being of children and our patients, we do not recommend visitation by children under the age of twelve (12). Children run a greater risk for infection, and consequently are more likely to be carriers of infectious diseases. We do not wish to spread illness or hinder recovery. We encourage visitors to use the hands-free wash station before and after time spent with patients.

Occasionally, a relative may need to stay with the patient overnight. Arrangements can be made by talking with a nurse. Guests may not use empty beds in semi-private rooms. If the patient is in a private room, the guest may be either male or female. If, however, the patient is in a semi-private room, the guest staying overnight must be of the same sex as the patients in the room.

CRMC New Visitation Guidelines

Effective October 1, 2009

CRMC is committed to providing excellent health care services and we are asking area residents to help, some of the precautions include:

- All visitors entering Cullman Regional Medical Center are encouraged to stop at the sanitation stations to sanitize hands and pick up the available information on flu preparedness and prevention.
- CRMC asks that visitors and guests having flu-like symptoms refrain from visiting with family and friends since patient immune systems are compromised.
- Patients coming into the Emergency Room with flu-like symptoms are asked to put on a protective mask, which is located at the ER

entrance. Otherwise, CRMC discourages all visitors from entering the hospital with flu-like symptoms.

- CRMC recommends that children under the age of 12 refrain from visiting patients at CRMC. (Children run a greater risk for infection, and are more likely to be carriers of infectious diseases).
- While we understand the need for family centered care in our Maternity Center, the well-being of the newborns and their mothers are our primary concern. We strongly discourage visitors during flu season.
- CRMC encourages guests to utilize the CRMC Web site to send electronic greetings, e-cards, to friends and family during their hospital stay.
- Electronic greetings are fast and easy, go to the CRMC Web site **www.crmchospital.com** and select "Send an E-card" and continue with instructions.

Television

Complimentary television viewing is available in all patient rooms. All patient beds are equipped with a remote control unit which operates the television. Please turn to Channel 26 (Patient Education Channel) for additional hospital, patient and health information.

Telephones

Dialing from a patient room:

Local Call: Dial 9, then the phone number.
Long-Distance Call: Dial 9 + 0 + area code + number, when prompted enter your calling card number or credit card number.

Calling a patient room:

Call a Patient's Room Direct: From outside the hospital, dial (256) 737-2 + the patient's room number.
For "B" bed dial (256) 737-2, the room number +50.
To place a call within the hospital, dial 2 + the room number.

Hospital waiting areas:

CCU Waiting Room: (256) 737-2438
Maternity Waiting Area: (256) 737-2706
Surgery Waiting Room: (256) 737-2660
3-East Waiting Room: (256) 737-2396

Hospital Information: Dial "0" at any time for assistance.

Cellular Phones

It is the policy of CRMC that cell phones and 2-way radios are allowed in the hospital and other facilities with the exceptions of the emergency room and critical care areas.

Public Pay Phones

Pay phones are located at two locations within the hospital:

- In the Emergency Room waiting area.
- In the main lobby near the public restrooms.

Patient Bill of Rights

Cullman Regional Medical Center wants you to have the best possible care as prescribed or recommended by those who are treating you. We want you to know what your rights are as a patient as well as what your obligations are to yourself, your physician and the hospital. We encourage you to talk openly with those involved with your care.

You Have the Right:

1. To considerate and respectful care.
2. To know by name the physicians, nurses and staff members responsible for your care.
3. To hear from your primary physician, in language you can understand, your diagnosis, the treatment prescribed for you, the prognosis of your illness and any instruction for follow-up care.
4. To talk openly with your physician.
5. To know the reason you are given various tests and treatments and the names of those who are performing the procedures.
6. To know the general nature and inherent risk of any procedure or treatment prescribed for you.
7. To change your mind about any procedure for which you have given your consent.
8. To refuse to sign a consent form if you feel everything has not been explained to your satisfaction.
9. To cross out and initial any part of the consent form that you do not want applied to your care.
10. To refuse treatment and to be informed of the medical consequences of this action.
11. To information about pain and pain-relief measures.



12. To expect a concerned staff committed to pain prevention and management.
13. To health professionals who respond quickly to reports of pain.
14. To health professionals who believe your reports of pain.
15. To limit those persons who visit you.
16. To expect your personal privacy to be respected to the fullest extent with the care prescribed for you.
17. To expect all communications and other records pertaining to your care, including the source of payment for treatment, to be kept confidential.
18. To request a consultation or second opinion from another physician.
19. To change physicians.
20. To change hospitals.
21. To request access to social services available, chaplain services or have ethical issues addressed that may concern you to include the needs of the dying patient. These services shall be available without regard to race, color, creed, national origin, age, sex, handicap or source of payment.
22. To examine your hospital bill and receive an explanation of it.
23. To refuse to participate in medical training programs and research projects.
24. To designate a representative decision maker in the event you are incapable of understanding a proposed treatment or procedure or are unable to communicate your wishes regarding care.

25. To express an idea or concern, contact:
The CRMC Administrator on Call (256) 737-2000

You may also call or write to one of the following:
Mr. Jim Weidner, President / CEO (256) 737-2598
Cullman Regional Medical Center
P.O. Box 1108
Cullman, Alabama 35056

Alabama Department of Public Health 1-800-356-9596
Complaint Department
201 Monroe Street, Suite 600 RSA Tower
Montgomery, Alabama 36104

Alabama Quality Assurance Foundation 1-800-760-4550
Two Perimeter Parkway South, Suite 200
Birmingham, Alabama 35243

The Joint Commission 1-800-994-6610
One Renaissance Boulevard
Oakbrook, Illinois 60181
E-mail: complaint@jointcommission.org

Patient Responsibilities

Being involved in your own healthcare contributes to your safety and well being. As a patient, you are encouraged:

1. To know and follow the hospital rules and regulations.
2. To give cooperation and to follow the care prescribed or recommended for you by your physician, nurse or allied health personnel.
3. To provide the most accurate and complete information about your health history, including medications, hospitalizations and past illnesses.
4. To notify your physician or head nurse if you do not understand your diagnosis, treatment or prognosis.
5. To ask your doctor or nurse what to expect regarding pain and pain management.
6. To discuss pain relief options with your doctor and nurse.
7. To work with your doctor and nurse to develop a pain management plan.
8. To ask for pain relief when pain first begins.
9. To help your doctor and nurse assess your pain.
10. To tell your doctor or nurse if your pain is not relieved.
11. To tell your doctor or nurse about any worries you have about taking pain medication.
12. To let the nurse and your family know if you feel you are receiving too many outside guests.
13. To respect the privacy of your roommate.
14. To accept the financial obligations associated with your care.
15. To advise your nurse, physician or patient representative of any dissatisfaction you may have in regard to your care at the hospital.
16. To be considerate of the rights of other patients and hospital personnel, and to assist in the control of noise, smoking and the number of guests you receive.

Patient Discharge Instructions

Nursing staff members will assist you when you are ready to leave the hospital. They will help explain discharge instructions and prescriptions. They will also escort you and your belongings to the door where you can be picked up by your family or friend. Please check, or have a relative check with the Cashier's Office to settle your account before you leave. Once your medical doctor writes the order and notifies you of your discharge, please expect a delay of approximately one hour as your account at CRMC is closed out. Please have someone ready to drive you home.

Patient Satisfaction Survey

After leaving CRMC, you may receive a patient satisfaction survey phone call from us. We realize your time is very valuable, but we hope you will take a few minutes to respond to the survey. These surveys help us recognize employees and departments who have exceeded your expectations and have provided excellent care. They also aid us in identifying areas in which we can improve our services.

Safety Precautions

Infection Control

Infection control is a precautionary measure to prevent the spread of infection among patients, visitors and healthcare workers. Infections can occur after many types of medical procedures.

What you can do:

Wash Your Hands:

Good hand washing is one of the most important steps in preventing the spread of infection. Wash your hands before and after eating, drinking, smoking or handling food. Also wash your hands thoroughly after restroom use.

Hand Washing Technique

- Use soap and water and lots of friction.
- Lather and scrub your hands for a minimum of 15 seconds.
- Rinse hands thoroughly.
- Dry with a paper towel and then use a dry paper towel to turn off the faucet.

Since you are part of your healthcare team, please remind doctors and nurses about washing their hands before working with you. It is okay to ask your healthcare team – including doctors – if they have washed their hands.

Infection Control Regulations

Most patients can receive live plants or flowers. Those who cannot receive live plants or flowers include patients in critical care units or immunocompromised patients such as those receiving chemotherapy. These patients can receive silk flowers.

Other regulations include:

- Food should be handled and stored properly to prevent spoiling.
- Visits by children under age 12 are discouraged. This protects the patient as well as the children.
- Personal pets are not allowed in the hospital.

When coughing or sneezing, please consider others. If you do not have a tissue handy, cough or sneeze into your sleeve and not into the air for germs to be shared. If you cough or sneeze into a tissue, throw it away immediately and wash your hands. Do not use handkerchiefs.

If you have any questions, please ask your physician or nurse, or call Cullman Regional Medical Center's Infection Control Department at (256) 737-2456.

Electrical Equipment

Please do not bring electric or battery-operated items to the hospital. Hospitals contain sophisticated electrical equipment which must be kept in faultless condition. Home appliances, such as radios, hairdryers, electric razors and coffee pots do not meet our required safety standards. Static electricity and sparks from faulty or untested equipment are a hazard to patients, especially those who require oxygen.

Medications

If you are on a regular schedule of medications and have brought medications with you, please show them to your nurse. Your physician needs this information as he/she prescribes your treatment. Your nurse will give you the medications your physician wants you to have while you are in the hospital. Please send all medications brought to the hospital home with a family member.

Smoking and Tobacco Use Policy

In order to provide a safe environment conducive to comfort and healing for our patients and in keeping with our mission to promote good health, Cullman Regional Medical Center has adopted a tobacco-free policy. Tobacco-free means that the use of tobacco, of any kind, (cigarettes, cigars, pipes, chewing tobacco, snuff) is prohibited anywhere on the campus of CRMC. The campus includes any area inside the main loop road that goes around the campus. In an effort to

provide comfort to our tobacco-using patients, we offer, with your physician's approval, the nicotine patch, to help you through your hospital stay. We can also provide tobacco-cessation information.

All guests and staff must restrict smoking to the designated smoking areas listed:

- Across the road (Pitzing-Kress Circle) from the Emergency Room entrance
- Across the road (Pitzing-Kress Circle) behind Professional Office Building II

Fire & Disaster Drills

Periodic drills are conducted within our hospital to test our readiness for emergency situations, such as a fire. Please do not be disturbed by any drills which may occur while you are a patient as they are necessary to assure everyone's safety. You will be notified by your caregiver should an actual fire or disaster occur.

Valuables

Please do not bring valuables such as jewelry (watches, rings, etc.) and large amounts of money to the hospital. Please let your nurse know if you wear dentures or hearing aids so extra care will be taken not to misplace them. Please do not wrap dentures in a napkin or leave them on your food tray.

The hospital is not responsible for money, dentures, hearing aids, eye glasses, clothing or other valuables left in your room or on your food tray.

Valuables may be kept locked in the hospital safe. For more information please contact the Guest Relations Desk at extension 2195, or (256) 737-2195.

Hospital Security

Cullman Regional Medical Center provides security services 24-hours a day via on-site or on-call security guards. CRMC has some of the latest technology to assist in your safety and security. One feature is our new external door-locking process. CRMC now automatically locks all external entrances at 8:00 p.m. The same entrances will again unlock at 6:00 a.m. All visitors must enter through the Emergency Room entrance. Again, this is for the safety and security of our visitors, guests and staff.

Conveniences

Notary Service

As a patient service, Cullman Regional Medical Center provides an Alabama State Notary Public as needed. Please contact your nurse when notary service is required.

Auxiliary / Adult Volunteers / Hospice Volunteers / Junior Volunteers

Our volunteers are those special members of the community – both male and female – who give of their time, energy and talents to enhance the quality of services provided to the patients at CRMC. Our volunteers are identified by their special uniforms, and each one wears a CRMC identification badge. Volunteering can enrich your life and provide you with many rewards: fulfilling a need, meeting new friends or easing someone's sorrow. Why not join our team of volunteers? For more information please call extension 2601, or (256) 737-2601.

Language Interpreter

Language interpreters are available to assist with communication for non-English speaking patients. Contact your nurse for assistance.

Gift Shop

For your convenience, the Guardian Angel Gift Shop is located on the ground level in the main lobby. A wide selection of attractive and useful gift items are available. Call extension 2645, or (256) 737-2645.

Gift Shop hours:

Monday-Friday 7:00 a.m. – 6:00 p.m.

Saturday 9:00 a.m. – 4:00 p.m.

Sunday 1:00 p.m. – 4:00 p.m.

ATM-Automatic Teller Machine

For your convenience, an automatic teller machine is located on the ground level in the main lobby at the bottom of the stairwell.

Computer / Internet Access

CRMC allows the use of your personal computer while you are in our facility. Most laptops now come with either an internal wireless card or one that is removable. If your computer is equipped with a wireless card you should be able to connect to CRMC Net. You must then agree to conform to our utilization policy which appears on the initial screen. Please contact the CRMC Help Desk at extension 2649, from 8:00 a.m. to 4:00 p.m., Monday through Friday for more details.

Food Services

Cafeteria

Wholesome, nourishing and well-balanced meals are an important part of your treatment and recovery. Cullman Regional Medical Center makes every effort to provide nutritious meals that are prepared according to your doctor's orders. The hospital cafeteria is located on the lower level and offers a variety of dining options.

Hours of operation:

Breakfast 6:00 a.m. – 9:00 a.m.

Snacks & Beverages 9:00 a.m. – 10:30 a.m.

Cafeteria Closed 10:30 a.m. – 11:00 a.m.

Lunch 11:00 a.m. – 2:00 p.m.

Grill 11:00 a.m. – 7:00 p.m.

Dinner 4:00 p.m. – 7:00 p.m.

A Subway delicatessen is located on the ground level between Central Registration and Professional Office Building I.

Subway Hours of Operation:

Monday-Friday 7:00 a.m. – 6:00 p.m.

Vending areas are located in the waiting rooms of Emergency Services, Critical Care, Maternity Center, POB I next to Subway, Lower Level outside Cafeteria and in the family waiting rooms in 3-East, 3-West and 4-East.

Patient Meals

A Hostess from Food and Nutrition Services will assist you with daily menu selections to meet your nutritional needs. If you are on a special or restricted diet prescribed by your doctor, your Hostess will work with you to make the appropriate menu selections to meet those needs. For additional information about your meals or diets, please feel free to call extension 2130 and we will be happy to assist you.

Family or Visitor Meals

The CRMC Cafeteria and Subway Shop can provide To-Go and Carry-Out items for family members or friends that wish to eat with you in the room. Guest Trays to the rooms are provided on a very limited basis.

Please try to make all efforts to utilize the CRMC Café or Subway Shop for visitor meals. If no other option is available, you may prepay for your Guest Tray(s) in the CRMC Cafeteria (cost for breakfast, \$5; lunch and dinner, \$7). The main course selection is provided; however, no other menu selections are available on Guest Trays.

Your Hospital Team

Medical Staff

Approximately ninety active staff physicians and 180 courtesy and consulting physicians, representing virtually every medical specialty, make up the medical staff at CRMC. The physician who admits you is responsible for directing your care while you are in the hospital. Your physician, as the coordinator for your treatment program, should be consulted if you have questions about your illness.

Nursing Staff

Each shift a registered nurse is assigned to supervise your care. The registered nurse may be assisted by licensed practical nurses and nursing assistants. Our nurses are committed to safe, efficient and satisfying care. If you have questions or concerns during your hospital stay, ask to speak with the nurse manager on the floor or the nursing supervisor.

Rapid Response Team

The RRT was implemented to assist staff, patients and families if they feel they have an emergency and need immediate assistance.

The team consists of a CCU nurse, House Supervisor and Respiratory Therapist. Our RRT may be reached at extension 2475 or (256) 737-2475 if you feel your condition is deteriorating and you need immediate assistance.

Technologists and Therapists

While at CRMC, technologists and therapists from various departments may assist in your care. You may see professionals from the Diagnostic Imaging Center, Laboratory, Respiratory Care, Physical Therapy and other departments. All of these staff members are licensed and/or trained in their area of care and work under the direction of your physician. CRMC has licensed registered dietitians who provide medical nutrition therapy for specific diseases and conditions for inpatients, as well as expert counseling on managing diets for conditions such as weight loss, diabetes and heart disease.

Pharmacists

Pharmacists are responsible for the safe and appropriate use of drugs within the hospital. A medication profile includes a list of medications ordered by the physician plus other specific patient information, such as allergies and weight. Pharmacists review the profile each time changes are made in the medication regimen.

Case Managers

Hospitalization may cause added stress for you and your family. Professional case managers are available to help during and after your hospital stay. They provide guidance and counseling to patients and families with social, financial, environmental, vocational or psychological concerns. They also assist with discharge planning and advise patients and families about community resources. There is no charge for these services. All information remains confidential.

Clergy

Personal faith in God can be of significant value in the total healing process. Studies indicate that in many cases a positive outlook on life actually speeds up physical recovery. Clergy from the area visit the hospital every day. They are invited to visit patients from their congregation at any time.

The Chaplains who serve CRMC are ready to assist you with your spiritual needs 24 hours a day. Our chaplains are trained to minister to all denominations and those who may be of no particular faith. Your nurse can assist you if you wish to contact a chaplain.

Community Service and Education Programs

Cullman Regional Medical Center is dedicated to promoting wellness by providing excellent healthcare services in the most efficient manner possible. Education and preventive medicine based programs are a high priority at CRMC. The following is a brief description of several of the programs we offer to the community:

- **Education Classes**

A variety of ongoing educational programs are available at CRMC including monthly childbirth classes, breastfeeding and cardiac / pulmonary rehab.

- **Health Talks**

Since health education for the community is a priority at CRMC, we established the Health Talks Speakers Bureau. Physicians and other healthcare professionals offer presentations to local clubs, church groups and other organizations upon request.

- **HealthFirst**

HealthFirst is a televised community program aired several times a week which offers medical information on a variety of topics.

- **Job Line**

Visit our Web site at www.crmchospital.com for up-to-date information on job opportunities at CRMC.

- **Physician Referral**

CRMC makes it easy for you to find a physician. This handy reference identifies CRMC physicians and their medical specialties. Trained representatives will help you select a physician to meet your needs. Call CRMC Physician Referral at (256) 737-2600.

- **SeniorChoice**

A membership program designed to meet the special needs of people age 50 and over, SeniorChoice offers discounts at local businesses, free health screenings, educational seminars and more. **Lifeline** is an emergency response system for the elderly, ill, handicapped or those who live alone, which offers the security of emergency assistance at the touch of a portable button. To join, or get additional information, call extension 2600 or (256) 737-2600.

- **Support Groups**

Several support groups are sponsored by the hospital offering guidance and support in coping with illness or striving to maintain wellness in the following areas: Alzheimer's, adult diabetes, Bosom Buddies, breastfeeding, cancer caregivers, CPAP (Positive Airway Pressure Treatment/Apnea), Cycles grief support, oncology/cancer Look Good/Feel Better patients, ostomy and prostate cancer.

- **WomenFirst**

A lifetime membership program for women of all ages, WomenFirst is designed to make women's lives a little easier. WomenFirst offers community education seminars, discounts at CRMC and local businesses, free screenings and on-going fun activities created especially for women. To join or get additional information, call 2600 or (256) 737-2600.

Quality Services

Cullman Regional Medical Center is designed to address today's most critical healthcare needs by providing tomorrow's skill and technology in a quality, caring environment. The entire staff at CRMC is committed to exceeding the expectations of those we serve. We strongly believe that the best way to care for people is to offer them excellent, advanced medical care close to home, in a setting that emphasizes quality patient care above all.

A listing of these services is provided here:

- Ambulance Services
- Aquatic Therapy
- Cardiac and Pulmonary Rehab
- Cardiovascular Services & Cath Lab
- Case Management
- Community Education and Support Group Programs
- CPAP Care Center
- Critical Care Center
- Diagnostic Imaging (CT and MRI)
- Dialysis Services (Inpatient)
- Emergency Services (Level III Trauma Center, Tier I Stroke Center, Tier I Heart Center) / ExpressCARE
- Endoscopy Services
- FirstCARE Services & Nurse Navigation
- Home Care Services
- Hospice of Cullman County
- Laboratory Services
- Mammography (Digital)
- Medical Day Hospital
- Medical Oncology
- Neuro-EEG Lab
- Neuro/Stroke Rehab
- Obstetrics
- Observation Services
- Occupational Medicine
- Oncology (LifeFirst Cancer Center / FirstCARE Services)
- One-Day Surgery
- ONE Fitness Center
- ONE Rehab
- ONE Sports Medicine
- Orthopedic Services
- Pain Management / North Alabama Pain Center
- Pastoral Care Services
- Pediatric Center
- Physical, Occupational, Speech and Wound Care Therapy
- Pre-Admission Testing
- Prenatal Education Programs
- Radiation Oncology
- Respiratory Care Services
- SeniorChoice Programs & Services
- Sleep Disorders Center
- Surgical Services Center
- Volunteer Services
- WomenFirst Programs & Services
- Women's Diagnostic Services

CRMC Cardiovascular Services Center

Our Cardiovascular Services Center offers Cardiac Catheterization with Angioplasty and Stent Placement, Heart Monitoring, Echocardiography, Vascular Ultrasound, Peripheral Catheterization with Angioplasty and Stent Placement and Graded Exercise Testing. Other services routinely offered include Pacemaker Implantation, Electrical Cardioversion and Transesophageal Echocardiogram. Our **Cardiopulmonary Rehabilitation Program** is designed to actively assist a person who has experienced a cardiac or pulmonary problem to achieve a state of health which will enable the individuals to live at a pace appropriate to his or her needs. Other Wellness Services include a weight loss program, smoking cessation program and behavioral counseling.

CRMC CPAP Care Center

The CPAP Care Center is a Positive Airway Pressure store that specialized in CPAP, BiPAP, VPAP, AutoPAP and related supplies for use in treating OSA (obstructive sleep apnea) and related medical conditions. The CPAP Care Center is located on the CRMC campus on the ground floor of Professional Office Building II. They are open to the public Monday thru Friday from 8:00 a.m. to 5:00 p.m. with 24/7 on-call service. They have an experienced billing staff with Licensed and Registered Respiratory Therapists on staff to assist you with all your positive airway pressure needs.

CRMC Delivers E-Greetings to Patients

Cullman Regional Medical Center offers free E-cards for any patient staying in the hospital. When you can't be with your special friend or loved one during their hospital stay, send some words of cheer or encouragement via a CRMC E-Card and one of the CRMC Volunteers will deliver the E-card greeting to your friend or family member's room.

To send an E-card, visit www.crmchospital.com and select 'Send an E-card' from the Main Menu on the left of the Web page. Select your greeting, photo and type in your personal message. In order to ensure that your E-card greeting properly reaches your friend or loved one, please include the patient's room number, first and last name.

CRMC Diagnostic Imaging Center

The Diagnostic Imaging Center offers the latest diagnostic equipment including Nuclear Medicine, Fluoroscopy, Ultrasound, CT Scan and a fixed-based Magnetic Resonance Imager (MRI). The MRI offers improved quality, a wider range of diagnostic studies and convenient daily access to patients in need of evaluation for possible tissue damage or disease.

CRMC Emergency Services Center / ExpressCARE

Our Emergency Services Center is designed to accommodate increasing patient volume demands with additional exam rooms for quicker and more efficient service and treatment. The **Express Care** service is open 7 days a week, 12 hours a day from 10:00 a.m. – 10:00 p.m. for non-emergent cases.

The Emergency Services Center is open 24 hours a day. Emergency medical care is given by physicians trained in emergency medicine, and by members of the nursing staff who are specially trained to deal with serious health situations under emergency conditions. To call the Emergency Services Center, please dial extension 2100, or call (256) 737-2100 and to call Ambulance Service, please dial (256) 734-1524.

CRMC Hospice of Cullman County

At Hospice of Cullman County our focus is on living life as comfortably as possible. Should you or a loved one need hospice care, it will be our privilege to help you and provide support. We can be reached at (256) 739-5185 or visit www.hospiceofcullmancounty.com.

CRMC Home Care Services

Located in Professional Office Building I, CRMC Home Care Services provides skilled nursing, home care aides, physical therapy, infusion therapy services, patient education, medical supplies and numerous support systems to give the patient maximum independence at home. Call (256) 737-2831 for more information.

CRMC LifeFirst Oncology Center

CRMC offers a major advancement in local cancer services with the addition of radiation therapy treatments using a Simulator and Linear Accelerator to target cancer cells. Other cancer services include chemotherapy and blood transfusions. Call (256) 737-2285 for more information.

CRMC Pediatric Center

One of the most unique areas of CRMC is the Pediatric Center. It is totally designed around the needs of younger patients. From the nautical theme and the nursing station shaped like a bright yellow submarine, to the young patients' playroom adorned with Disney characters is bright and cheerful to comfort children and help relieve their anxieties.

CRMC Rehab Center

Advances in rehabilitation make it possible for patients who suffer potentially crippling accidents or illnesses to make remarkable recoveries. To give our patients the full advantage of these advances, CRMC continues its tradition of progressive rehab services.

In addition to cardiac and stroke rehab, physical and occupational therapy, speech therapy and work hardening, the CRMC Rehab Center offers a unique service to Cullman area residents – aquatic therapy. This innovative therapy has proven to be effective in the rehabilitation of stroke victims, arthritic patients, people with chronic lower back pain, patients with sports injuries, etc. Members of the Rehab Center staff also offer individualized exercise guidance on Cybex equipment. The Rehab Center is located in POB I and can be reached at (256) 737-2271.

CRMC Specialty Clinic

CRMC is pleased to offer area residents the convenience of weekly consultations and treatment by experienced physicians in the specialty areas of neurosurgery, cardiology and general surgery. Please call extension 2540 or call (256) 737-2540.

CRMC Women's Services

Childbirth, mammograms, cervical cancer – all are health issues that affect women. As part of its continuing mission, Cullman Regional Medical Center is committed to providing excellent women's services.

The **CRMC Maternity Center** rivals any found in the state. The Maternity Center's spacious and home-like suites allow mothers to labor, deliver, recover and complete their hospital stay in the comfort of their special room.

The staff at our **Women's Diagnostic Center** provides special services for women including top of the line digital mammography equipment, Stereotactic Breast Biopsy and ultrasound studies of the breast, pelvis, and abdomen. General obstetric and gynecological procedures are provided for women of all ages.

Gifts or Contributions to the Hospital/Foundation

As a public, not-for-profit organization, **Cullman Regional Medical Center Foundation** gratefully accepts contributions, honorariums and memorials for CRMC. All gifts are tax deductible according to IRS rules and help CRMC equip, renovate and build for the future healthcare of our community.

Giving programs, such as the *Tree of Life*, recognize donor gifts on a beautiful bronze tree located in the main hallway of CRMC.

Twinkle, Twinkle Little Star gives parents, grandparents or other relatives and friends a unique opportunity to honor or memorialize special deliveries on a mural in the Maternity Center.

Special events, such as the annual golf tournament and black-tie gala, also raise funds for needs at CRMC. For more information on giving to CRMC's Foundation dial 2604 or (256) 737-2604.

Important Message from Medicare

Your Rights as a Hospital Patient

You have the right to receive necessary hospital services covered by Medicare, or covered by your Medicare Health Plan ("your Plan") if you are a Plan enrollee.

You have the right to know about any decisions that the hospital, your doctor, "your Plan" or anyone else makes about your hospital stay and who will pay for it.

Your doctor, "your Plan" or the hospital should arrange for services you will need after you leave the hospital. Medicare or "your Plan" may cover some care in your home (home health care) and other kinds of care, if ordered by your doctor or by "your Plan". You have a right to know about these services, who will pay for them and where you can get them. If you have any questions, talk to your doctor, "your Plan" or talk to other hospital personnel.

Your Hospital Discharge & Medicare Appeal Rights

Date of Discharge: When your doctor or "your Plan" determines that you can be discharged from the hospital, you will be advised of your planned date of discharge. You may appeal if you think that you are being asked to leave the hospital too soon. If you stay in the hospital after your planned date of discharge, it is likely that your charges for additional days in the hospital will not be covered by Medicare or "your Plan".

Your Right to an Immediate Appeal without Financial Risk: When you are advised of your planned date of discharge, if you think you are being asked to leave the hospital too soon, you have the right to appeal to your Quality Improvement Organization (also known as QIO). The QIO is authorized by Medicare to provide a second opinion about your readiness to leave. You may call Medicare toll-free, 24 hours a day, at 1-800-MEDICARE (1-800-633-4227), or TTY/TTD: 1-877-486-2048, for more information on asking your QIO for a second opinion. If you appeal

to the QIO by noon of the day after you receive a non-coverage notice, you are not responsible for paying for the days you stay in the hospital during the QIO review, even if the QIO disagrees with you. The QIO will decide within one day after it receives the necessary information.

Other Appeal Rights: If you miss the deadline for filing an immediate appeal, you may still request a review by the QIO (or by “your Plan”, if you are a Plan enrollee) before you leave the hospital.

However, you will have to pay for the costs of your additional days in the hospital if the QIO (or “your Plan”) denies your appeal. You may file for this review at the address or telephone number of the QIO (or that of “your Plan”).

Conditions of Admission Privacy Notice and Financial Responsibility

Personal Valuables: Cullman Regional Medical Center is not responsible for money, jewelry, dentures, hearing aids, eye glasses, watches, credit cards and other such items which are not deposited in the hospital safe.

Authorization to Release Information: The undersigned patient/person signing release form authorizes Cullman Regional Medical Center and any physician rendering service, for example, Cullman Anesthesiology Consultants, Birmingham Radiology Group, Pegasus Emergency Group and Cunningham Pathology Associates, to release medical or other information about the patient which may be necessary for the completion of insurance claims, review of services or receipt of benefits. Such information may include medical records. The information may be released to third-party payers, including the third-party payer’s agent and/or representative, or anyone responsible for payment of hospital and/or physician charges.

Assignment of Benefits: The undersigned patient assigns to and authorizes direct payment of benefits (including insurance benefits, otherwise payable with respect to the patient) to Cullman Regional Medical Center, Cullman Anesthesiology Consultants, Birmingham Radiology Group, Pegasus Emergency Group and Cunningham Pathology Associates. The patient agrees to assist in processing claims for benefits.

Medicare Authorization: I certify the information given by me in applying for payment under Title XVIII of the Social Security Act is correct. I authorized any holder of medical or other information about me to release to the Social Security Administration and Health Care Financial Administrator or its intermediaries or carriers any information

needed for this or a related Medicare claim. I request the payment of authorized benefits to be made on my behalf to Cullman Regional Medical Center, Cullman Anesthesiology Group, Birmingham Radiology Group, Pegasus Emergency Group, Cullman Emergency Group and / or Cunningham Pathology Associates or any physician rendering service during my treatment.

Financial Responsibility: The undersigned agrees to pay for hospital services, accommodations and physician services rendered to the patient and is hereby obligated to pay the account of the hospital. It is understood and agreed that the reasonable cost of collection includes attorney fees.

Physician Referral Information

Thank you for choosing Cullman Regional Medical Center. We pride ourselves on our attention to detail in order to promote a healthy recovery. If you would like more information about CRMC physicians, or need a physician referral, please call us at extension 2600, or (256) 737-2600. You may also find us online at: www.crmchospital.com.

Cullman Regional Medical Center Web site Information

To learn more about CRMC's services and physicians, please visit our Web site at www.crmchospital.com. This Web site has been developed to reflect our enduring efforts to provide up-to-date information on the medical community and services offered at this facility. You will even find a link that will give you the opportunity to send free "E-card" greetings to friends and loved ones who are patients here. Our "user-friendly" Web site is designed to be a valuable service for anyone seeking detailed information on healthcare in the Cullman area.

www.crmchospital.com

(256) 737-2000

Cullman Regional Medical Center

Active Staff Physicians

ANESTHESIOLOGY

Bray, Jay, M.D. (256) 734-6227
 Crisologo, Peter, M.D. (256) 734-6227
 Hall, Robin, M.D. (256) 734-6227
 Still, Ann, M.D. (256) 734-6227

CARDIOLOGY

Lee, James, M.D. (256) 737-1946
 Varquez, Mir, M.D. (256) 775-6550

EAR NOSE AND THROAT

Morgan, Alice, M.D., PhD . . . (256) 737-0368
 Morgan, Bruce, M.D., PhD . . (256) 737-0368

EMERGENCY MEDICINE

Ashar, Tom, M.D. (256) 737-2106
 Echols, Robert, M.D. (256) 737-2106
 Schamban, Neil, M.D. (256) 737-2106

FAMILY PRACTICE

Benchina, Anthony, M.D. . . . (256) 739-3912
 Bostick, Gregory, M.D. (256) 734-3202
 Brumleve, Walter, M.D. (256) 739-4131
 Coccia, Christopher, M.D. . . . (256) 734-3202
 Dodd, Richard, M.D. (256) 739-4131
 Elliott, Angelia, M.D. (256) 734-3202
 Gober, Rick, M.D. (256) 739-4131
 James, Terry, M.D. (256) 747-1186
 Johnson, Joe, M.D. (256) 739-4131
 Jowers, Joseph, M.D. (256) 739-4131
 Machen, Michael, M.D. (256) 739-4131
 Montgomery, Tom, M.D. (256) 734-3202
 Quinn, Randall, M.D. (256) 734-3202
 Schendel, Michael, M.D. (256) 734-3202
 Sharpton, Jamie, D.O. (256) 734-1012
 Tafazoli, Mark, M.D. (256) 775-1090
 Yeager, Neil, M.D. (256) 736-2856

GYNECOLOGY

Franklin, Lisa, M.D. (256) 739-2626
 Sheffield, Shane, M.D. (256) 739-2626
 Short, Glori, M.D. (256) 739-2626
 Williamson, Howard, M.D. . . (256) 739-2626
 Yarbrough, Randy, M.D. (256) 739-2626

INTERNAL MEDICINE

Addison, Mark, M.D. (256) 739-3838
 Corliss, Brian, M.D. (256) 739-1575
 Crowder, David, M.D. (256) 736-1405
 Cuthbertson, Bret, M.D. (256) 739-1575
 Freeman, Phillip, M.D. (256) 737-8000
 Friedman, Lane, M.D. (256) 737-8000
 Hall, Michael, M.D. (256) 737-8000
 Hart, Melinda, M.D. (256) 737-8000
 Hoover, James, M.D. (256) 737-8000
 Lunsford, Michael, M.D. (256) 739-1575
 Matter, James, M.D. (256) 739-4144
 Morris, John, M.D. (256) 737-8000
 Peinhardt, William, M.D. (256) 737-8000
 Ruse, Naykala, M.D. (256) 737-8000
 Rutledge, Anthony, M.D. (256) 737-8000
 Stidham, Jeremy, M.D. (256) 737-8000

OBSTETRICS

Franklin, Lisa, M.D. (256) 739-2626
 Richard, Tom, M.D. (256) 736-6224
 Sheffield, Shane, M.D. (256) 739-2626
 Short, Glori, M.D. (256) 739-2626
 Wideman, John, M.D. (256) 736-6224
 Yarbrough, Randy, M.D. (256) 739-2626

ONCOLOGY/MEDICAL

Nacilla, Johnny, M.D. (256) 255-2500
 Yu, Harry, M.D. (256) 255-2500



ONCOLOGY/RADIATION

Karolewics, Vincent, M.D. . . . (256) 737-2285

OPHTHALMOLOGY

Dawson, Terry, M.D. (256) 736-5507

Holcomb, William E. III, M.D. (256) 739-3605

Veal, James, Jr. M.D. (256) 734-9613

ORTHOPEDICS

Bergquist, Vince, M.D. (256) 739-4030

Dueland, David, M.D. (256) 737-5115

Fuller, Steven, D.O. (256) 734-4700

Gomez, Ben, M.D. (256) 737-5115

Hirsbrunner, Don, M.D. (256) 739-4030

Songer, John, M.D. (256) 736-5505

Ward, Robert, M.D. (256) 734-7707

OTOLARYNGOLOGY

Morgan, Alice, M.D., PhD . . . (256) 737-0368

Morgan, Bruce, M.D., PhD . . (256) 737-0368

PATHOLOGY

Warner, Jeff, M.D. (256) 737-2614

PEDIATRICS

Addison, Mark, M.D. (256) 739-3838

Corliss, Brian, M.D. (256) 739-1575

Cuthbertson, Bret, M.D. . . . (256) 739-1575

Joines, Lisa, M.D. (256) 734-3759

Lunsford, Michael, M.D. . . . (256) 739-1575

Thomason, James, M.D. . . . (256) 739-3838

PLASTIC SURGERY

Seidel, Steven, M.D. (256) 739-9993

PULMONOLOGY

Warner, G. Scott, M.D. (256) 739-7050

RADIOLOGY (256) 737-2190

Akin, Scott, M.D.

Baker, Theodore, M.D.

Chitty, Marc, M.D.

Davis, Jonathan, D.O.

Frye, Timothy, M.D.

Karcher, Gerald, Jr., M.D.

Kelly, D. Shane, M.D.

Loffin, Thomas, M.D.

Morros, Demetrius, M.D.

Nicholson, Jeffrey, M.D.

Varnell, William, M.D.

SLEEP MEDICINE

Warner, G. Scott, M.D. (256) 739-7050

Tafazoli, Mark, M.D. (256) 775-1090

SURGERY

Cottingham, K. Mac, M.D. . . . (256) 736-2263

Evans, J.W., M.D. (256) 734-7850

Iacobelli, Joan, M.D. (256) 734-7850

Marecle, Donald, M.D. (256) 739-6050

Smith, William, Jr. M.D. (256) 734-7850

Windham, Gregory, M.D. . . . (256) 734-7850

UROLOGY

Braswell, Nicholas, M.D. . . . (256) 739-2885

Davis, James, M.D. (256) 739-2885

Parker, William, M.D. (256) 739-2885

Sanders, Rodney, M.D. (256) 739-2885

Cullman Regional Medical Center

Courtesy Staff Physicians

ANESTHESIOLOGY

Dillard, Donald Ross, M.D. . (256) 571-8000

DERMATOLOGY

Smith, Scarlett D., M.D. . . . (256) 739-8260

EAR, NOSE AND THROAT

Aland, Jack W., M.D. (256) 737-0368
 Black, Sheldon J., M.D. . . . (256) 737-0368
 Colvin, Charles P., M.D. . . . (256) 737-0368
 Elledge, E. Scott, M.D. (256) 737-0368
 Favrot, Stephen R., M.D. . . . (256) 737-0368
 Goldberg, Howard M., M.D. (256) 737-0368
 Simpson, L. Clark, M.D. (256) 737-0368
 Walters, David, M.D. (256) 737-0368

EMERGENCY MEDICINE

Begue, Jason Robert, M.D. . (256) 737-2106
 Borucki, Gregory, D.O. (256) 737-2106
 Catenacci, Michael H., M.D. . (256) 737-2106
 Gandy, John M.D. (256) 737-2106
 Hunt, Alex Trent, M.D. (256) 737-2106
 Ingram, Daniel, M.D. (256) 737-2106
 Katz, Alan, M.D. (256) 737-2106
 Meade, John Lee, M.D. (256) 737-2106
 Nasca, Leonardo S., Jr., M.D. (256) 737-2106
 Ortega, Y. Charmaine, M.D. . (256) 737-2106
 Rodgers, Jeremy Stewart, M.D. (256) 737-2106
 Williams-Murphy, Monica, M.D. (256) 737-2106
 Yu, Kenneth Taikong, M.D. . . (256) 737-2106

FAMILY PRACTICE

Holloway, Clyde, L., M.D. . . (256) 739-4144
 Meiman, Gregory, L, M.D. . . (256) 737-1793
 Smith, Robert W., M.D. . . . (205) 429-4151
 Williams, Daniel B., M.D. . . . (256) 734-0606

GASTROENTEROLOGY

Bluhm, Charles S., M.D. . . . (205) 271-8000
 Carlisle, Willard Roger, M.D. . (205) 271-8000
 Landy, David, M.D. (205) 271-8000

NEUROLOGY

LaGanke, Christopher, M.D. . . (256) 739-1210
 Swader, Sheri, M.D. (256) 736-1615

NEUROSURGERY

Clark, Charles H. III, M.D. . . . (205) 933-8981
 Maher, Phillip C., M.D. (205) 933-8981

ONCOLOGY / RADIATION

Goodman, Michael J., M.D. (404) 325-6796

ORAL AND MAXILLOFACIAL SURGERY

Robson, Henry P., M.D. (256) 734-9899

OTOLARYNGOLOGY

Aland, Jack W., M.D. (256) 737-0368
 Black, Sheldon J., M.D. (256) 737-0368
 Colvin, Charles P., M.D. (256) 737-0368
 Elledge, E. Scott, M.D. (256) 737-0368
 Favrot, Stephen R., M.D. . . . (256) 737-0368
 Goldberg, Howard M., M.D. . . (256) 737-0368
 Simpson, L. Clark, M.D. (256) 737-0368
 Walters, David, M.D. (256) 737-0368

PODIATRY STAFF

Araujo, Robson F., D.P.M. . . . (256) 739-4030
 Fillinger, Eric B., D.P.M. . . . (256) 737-7339
 Grunfeld, Steven M., D.P.M. . . (256) 739-1912
 Skaziak, Gerard A., D.P.M. . (256) 582-7486

SPORTS MEDICINE

Ruse, Anthony, M.D. (256) 737-8000

VASCULAR SURGERY

Jordan, William, M.D. (205) 934-2003
 Taylor, Steven Mitchell, M.D. (205) 934-2003



Cullman Regional Medical Center

Consulting Staff Physicians

CARDIOLOGY

Stanley, Alfred W., M.D. (205) 250-6964

CARDIOLOGY / INTERVENTIONAL

Jones, James M. III, M.D. (205) 599-3500

Papapietro, Silvo E., M.D. (205) 975-0827

DERMATOLOGY

Johnson, Clancy, M.D. (256) 739-9711

Skinner, Steven, M.D. (256) 739-9711

EAR, NOSE AND THROAT

Gerwin, John M., M.D. (205) 737-0368

Poyner, John Worrell, M.D. . . . (205) 737-0368

FAMILY PRACTICE

Gallagher, Eileen M., D.O. . . . (256) 739-2588

INFECTIOUS DISEASE

Mathew, Suji, M.D. (256) 751-9280

NEPHROLOGY

Gifford, J. Daniel, M.D. (256) 340-0012

Gladish, Reginald D., M.D. . . . (256) 340-0012

Wheeler, Thomas, M.D. (256) 340-0012

NEUROLOGY

Bebin, Martina, M.D. (256) 533-0833

Norwood, E. Gibbons, III, M.D. . . (256) 350-4885

Suggs, Stephen P., M.D. (256) 350-4885

NEUROSURGERY

Harsh, Carter S., M.D. (205) 933-8981

Wilson, Thomas A., M.D. (205) 933-8981

ONCOLOGY / RADIATION

Brascho, Donn Joseph, M.D. . (256) 840-3688

OTOLARYNGOLOGY

Gerwin, John M., M.D. (256) 737-0368

Poyner, John Worrell, M.D. . . (256) 737-0368

PATHOLOGY

Alford, Thomas J., M.D. (205) 591-7999

Baker, Allyson, M.D. (205) 591-7999

Clingan, Warren, M.D. (205) 591-7999

Davis, James A. III, M.D. (205) 591-7999

Devos, William T., M.D. (205) 591-7999

Dillard, Stephanie, M.D. (205) 591-7999

Hackney, James R., M.D. (205) 591-7999

Lee, James Dennis, M.D. (205) 591-7999

Maisel, Deborah Anne, M.D. . . (205) 591-7999

Mathews, Alvin Jerome, M.D. . . (205) 591-7999

McCall, Caroline P., M.D. (205) 591-7999

McMullan, Daniel T., M.D. (205) 591-7999

Phillips, Jonathan G., M.D. . . . (205) 591-7999

Simmons, Donald R., M.D. . . . (205) 591-7999

Wheeler, Valerie Rene, M.D. . . (205) 591-7999

PHYSICAL MEDICINE

Poczatek, Robert B., M.D. . . . (205) 933-8981

Powers, T. Scott M.D. (256) 736-8998

Cullman Regional Medical Center

Important CRMC Telephone Numbers

Accounting	(256) 737-2931
Administration	(256) 737-2598
Admitting/Central Registration	(256) 737-2275
Auxiliary	(256) 737-2647
Breastfeeding Support	(256) 737-2221
Cardiopulmonary Rehab	(256) 737-2274
Case Management/Social Work Services	(256) 737-2399
CEMC (Ambulance Service)	(256) 734-1524
Chaplain	(256) 737-2615
Community Education Center	(256) 737-2630
CPAP Care Center	(256) 737-2753
Critical Care Center	(256) 737-2475
Diabetes Education	(256) 737-2025
Diagnostic Imaging/MRI	(256) 737-2180
Education and Training	(256) 737-2802
Emergency Services Center	(256) 737-2100
Endoscopy	(256) 737-2150
FirstCARE Services & Nurse Navigation	(256) 737-2111
Food and Nutrition Services	(256) 737-2130
Foundation	(256) 737-2604
Gift Shop (The Guardian Angel)	(256) 737-2645
Guest Relations	(256) 737-2195
Home Care Services	(256) 737-2831
Hospice of Cullman County	(256) 739-5185
Housekeeping (Environmental Services)	(256) 737-2690
Human Resources	(256) 737-2620
Information Desk	(256) 737-2000
Laboratory	(256) 737-2157
Marketing and Community Services	(256) 737-2600
Maternity Center	(256) 737-2200
Medical / Surgical 3-East	(256) 737-2300
Medical / Surgical 3-West	(256) 737-2375
Medical / Surgical 4-East	(256) 737-2400
Medical Day Hospital	(256) 737-2530



Medical Records	(256) 737-2502
Neurodiagnostic – EEG Lab:	
Inpatient	(256) 737-2883
Outpatient	(256) 255-1054
North Alabama Pain Center	(256) 737-2235
Nursery	(256) 737-2221
Nursing Administration	(256) 737-2592
ONE Fitness Center	(256) 775-7946
ONE Rehab Center	(256) 737-2271
ONE Sports Medicine	(256) 737-2271
Operator	(256) 737-2195
Outpatient Lab	(256) 737-2943
Outpatient Surgery	(256) 737-2257
Outpatient Testing	(256) 737-2280
North Alabama Pain Center	(256) 737-2235
Patient Financial Services	(256) 737-2986
Patient Information	(256) 737-2195
Physical Therapy (Inpatient)	(256) 737-2376
Physical Therapy (Outpatient)	(256) 737-2271
Physician Referral	(256) 737-2600
Pre-Admission Testing	(256) 737-2280
Prenatal Classes	(256) 737-2200
Public Relations	(256) 737-2600
Radiation Oncology	(256) 737-2285
Registration (Central)	(256) 737-2275
Respiratory Care	(256) 737-2494
Security (6:00 am – 5:00 pm)	(256) 737-2566 / (256) 737-2571
Security (6:00 pm – 6:00 am)	(256) 737-2002
SeniorChoice	(256) 737-2600
Sleep Disorders Center	(256) 737-2140
Volunteer Services	(256) 737-2601
Waiting Room (Critical Care)	(256) 737-2438
Waiting Room (Surgery)	(256) 737-2660
Women’s Diagnostic Center	(256) 737-2270
WomenFirst	(256) 737-2600

CRMC Television Channel Listing

2	CATV-2, Cullman	46	Animal Planet
3	WTTO (CW)	47	HGTV
4	WAAY (ABC)	48	TV Land
5	WGN	49	History
6	WBRC (FOX)	50	AMC
7	QVC	51	TNT
8	WAFF (NBC)	52	Nickelodeon
9	WHTN (CBS)	53	VH1
10	WBIQ (PBS)	54	TLC
11	WABM 68	55	Educational Access
12	WIAT (CBS)	56	Leased Access
13	WVTM (NBC)	57	CNBC
14	WCFT (ABC)	58	MLB Network
15	WTJP (IND)	59	Comedy Central
16	WPXH (ION)	60	FX
17	EWTN: Eternal World TV	61	FOX News
18	HSN	101	Golf Channel
19	C-SPAN	102	ESPN Classic
21	TWC, The Weather Channel	103	ESPNNews
23	BravesVision	105	Fuse
24	Discovery Channel	108	Noggin
25	ESPN	109	Toon Disney
26	Patient Channel	111	Discovery Kids
27	Fox Sports South	114	Discovery Health
28	SportsSouth	115	FitTV
29	Spike TV	117	BBC America
30	Lifetime	120	i-Life TV
31	USA Network	126	Military Channel
32	ABC Family	128	Fox Movie Channel
33	Disney Channel	129	Bravo
34	A & E	133	MTV2
35	Travel Channel	136	GAC
36	TBS	140	Sleuth
37	E! Entertainment Television	142	Science Channel
38	CNN	143	Style
39	CNN Headline News	144	WE
40	MSNBC	146	TBN
41	Cartoon Network	147	VH1 Classic
42	CMT	150	Versus
43	Food Network	151	thisTV Network
44	MTV	152	ESPNU
45	truTV	153	Fox Soccer

